



Objective	Action/Activity	Target Dates	Results
<p>1. Provide unplanned pregnancy prevention education for incoming students through new student orientation programs (both freshmen and transfer)</p>	<p>Develop curriculum to be incorporated into new student orientation programs for freshmen and transfer students</p> <p>Train student orientation leaders and ATU staff to teach material during small group sessions</p>	<p>July 2018</p> <p>August 16, 2018</p> <p>August 20-21, 2018 January 11, 2019</p>	<p>Curriculum developed and incorporated into new student orientation programs; Content included: information on resources available at the ATU Health and Wellness Center related to pregnancy planning, birth control and abstinence, statistics for Arkansas related to teen and unplanned pregnancy, and statistics related to the impact unplanned pregnancy has on successful completion of a college degree.</p> <p>Student leaders and ATU staff provided training on Act 943 and content to be covered with new students.</p> <p>1,310 freshmen attended fall 2018 orientation (Material presented by peer orientation leaders in 53 small group sessions). 14 freshmen attended spring 2019 orientation.</p> <p>136 transfer students attended fall 2018 orientation (Material presented by ATU staff in small group sessions). 40 transfer students attended spring 2019 orientation.</p>
	<p>Present curriculum to incoming freshmen and transfer students during fall and spring orientation programs; Sessions will be peer-led by current ATU students trained as orientation leaders and ATU staff</p>		



<p><b>2. Integrate medically accurate (as determined by the American Congress of Obstetricians and Gynecologists) course content regarding the prevention of unplanned pregnancy, including abstinence education, into academic courses</b></p>	<p>Develop curriculum to be incorporated into CSP 1013 (Principles of Collegiate Success) and TECH 1001 (Orientation to the University)</p>	<p>July 2018</p>	<p>Curriculum developed and incorporated into CSP 1013 and TECH 1001 academic courses; Content included information on resources available at the ATU Health and Wellness Center related to pregnancy planning, birth control and abstinence, statistics for Arkansas related to teen and unplanned pregnancy, statistics related to the impact unplanned pregnancy has on successful completion of a college degree, and viewing of the video created by the HB 1543 working group.</p> <p>Optional assignments were developed for course instructors to teach issues related to unplanned pregnancy prevention; Two assignments were developed using lessons one and two from The National Campaign to Prevent Teen and Unplanned Pregnancy website.</p> <p>1,109 students enrolled in CSP 1013 or TECH 1001 in fall 2018 and spring 2019 and received material as part of the academic courses.</p>
<p>Develop assignments for CSP 1013 and TECH 1001 on the topic of prevention of unplanned pregnancy</p>	<p>Provide curriculum and optional assignments/homework to CSP 1013 and TECH 1001 program director to be incorporated into course curriculum for delivery in fall 2018, spring 2019</p>	<p>July 2018</p> <p>August 2018/January 2019</p>	



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<p><b>3. Provide educational programming to raise awareness of, and provide resources for, the prevention of unplanned pregnancies across the entire student population</b></p>	<p>Develop campus-wide programming to increase awareness of the prevention of unplanned pregnancies</p> <p>Partner with Registered Student Organizations and various campus departments to provide campus-wide and targeted programming; Market availability of Health and Wellness Center staff to provide on-demand presentations</p> <p>Present programs per schedule developed</p>	<p>July 2018</p> <p>September 2018-April 2019</p>	<p>10 related educational programs were provided during 2018-2019.</p> <p>Approximately 3,536 students attended the related educational programs and/or read the Student Health 101 magazine provided by the Health and Wellness Center.</p> <p><i>*A detailed list of all related educational programs provided during 2018-2019 is attached as a supplement to this action plan.</i></p>
<p><b>4. Collaborate with the Department of Health or Federally Qualified Health Centers (FQHC), or both, to promote access to female reproductive health care</b></p>	<p>Enhance services provided in the ATU Health and Wellness Center to support women's health</p>	<p>Year-Round</p>	<p>Wellness Examinations- The Health and Wellness Center offers female students the opportunity to schedule an appointment for wellness examinations. These exams include pap smear testing, pelvic examination, and breast examinations. During this visit the student is counseled on various birth control options including hormonal, barrier, and natural family planning methods. We also discuss STI/STD testing at this visit and offer students prescriptions or referrals for their birth control and ensure that</p>



<b>(Objective 4, continued...)</b>		Year-Round	<p>their questions are answered and needs are met. This clinic is offered 8 days per month hosting 14-16 patients per scheduled well woman day for approximately 128 patients per month. Number of visits available were increased this year due to demand for these services.</p> <p>Free condoms- The Health and Wellness Center offers free condoms to all students who request them. There are also condoms in first aid kits in each residence hall.</p>
<b>5. Seek private or federal grants to address the prevention of unplanned pregnancy and to promote student success, including partnership opportunities to successfully complete for grants</b>	Participate in and seek opportunities to submit grants or collaborate with other agencies for grants	Year-Round	No grants identified this academic year.
<b>6. Develop plans to address child care, transportation, financial aid, and other challenges for student success and completion specific to existing single parents</b>	Advertise Single Parent Scholarship Fund on Arkansas Tech website	Year-Round	Information for single parents is directly linked to the Arkansas Tech Financial Aid website, the Third-Party Scholarships website, and the Upward Bound website. This link provides information for single parents on scholarships, college planning, help with living expenses, child care provider search, and other forms of support and assistance.



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**Additional Notes:**

In 2019-20, ATU will continue to consider options to seek opportunities for college student mentorship of younger teens. No viable option has been identified at this time.

Respectfully Submitted:

A handwritten signature in black ink that reads "Amy N. Pennington".

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**Supplemental Information for Objective 3**

**Comprehensive List of Educational Programming**

**7-23-18 Resident Director Training** led by the Health and Wellness Center. This training highlighted the services offered by Health Services. It included information about how students can access condoms in the residence hall as needed and it also included information about women's health services (approximately 15 in attendance).

**8-9-18 Resident Assistant Training** led by the Health and Wellness Center. This training highlighted the services offered by Health Services. It included information about how students can access condoms in the residence hall as needed and it also included information about women's health services (approximately 80 in attendance).

**8-21-19 Services of the Health and Wellness Center** led by the Health and Wellness Center. Staff from the Health and Wellness Center presented to new graduate students about the services provided to students who attend ATU. These services include well woman examinations, birth control consultation, pregnancy prevention education, and free condoms (approximately 10 in attendance).

**9-19-18 Healthapalooza Health Fair** led by the Health and Wellness Center staff and collaborating partners from Student Affairs. This health fair provided information on various health topics and campus resources to all students in attendance. Included were topics of STD prevention and birth control options for students in the Health and Wellness Center (approximately 500 students).

**2-11-19 to 2-15-19 Sexual Responsibility Week** hosted by the Health and Wellness Center. Various workshops and events offered during this week were focused on healthy sexual behaviors, prevention of unplanned pregnancy, and sexual health resources for students (approximately 50 in attendance).

**2-11-19 Prevention of Unplanned Pregnancy Workshop** hosted by the Health and Wellness Center. This workshop was open to all students who wished to participate. This informational session showed students the importance of behaving responsibly with their sexual health. Discussed were topics such as pregnancy prevention, unplanned pregnancy, abstinence, resources for students, information from the National Campaign to Prevent Teen Pregnancy, how birth control works, and how we can better care for our bodies through wellness examinations (approximately 10 in attendance).



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**2-12-18 STI/STD's Program** led by the Health and Wellness Center. This program was held to educate students about STI/STD's, safe sex practices, unplanned pregnancy, and pregnancy prevention (approximately 10 in attendance).

**2-13-19 Free STD Screening** hosted by the Health and Wellness Center. This program allowed students to be screened for gonorrhea and chlamydia and have the results within 2 days. While students waited for screening, education was given about STI/STD prevention/treatment, safe sex practices, birth control, unplanned pregnancy, and other resources (approximately 20 in attendance).

**2-15-19 Condom Day** hosted by the Health and Wellness Center. This program was open to all students who wanted to stop by and obtain free condoms. They were also given information about birth control options, unplanned pregnancy, and safe sex practices. Condoms awarded through a grant from Trojan in 2017-18 were used for this event (approximately 50 in attendance).

**3-14-19 Safe Spring Break Tabling** hosted by the Health and Wellness Center. Students were invited to stop by and learn about fun, safe, and healthy things to do during spring break. They were given goody bags with free condoms and information about safe sex practices (approximately 60 in attendance).

**Student Health 101 magazine** - The Health and Wellness Center sends a link to a monthly digital student health magazine, *Student Health 101*, to all students. This magazine covered several topics related to the topic of unplanned pregnancy and sexual health. There were 2,731 visits to the magazine in the 2018-19 academic year. The following related articles were included throughout the year:

- "The pros and cons of these 7 common contraceptives"; May 2019 issue
- "What's your STI-Q? Everything you want to know about STIs"; November 2018 issue
- "Ask the health educator: "How do I deal with the pressure to be sexually active?"; November 2018 issue