Henderson State University

Pregnancy Prevention Report to Arkansas Department of Higher Education

2017-18

The programs that are currently being utilized for the 2017-18 academic year will be continued and expanded for the 2018-19 academic year. Additional programing and implementation will be dependent on future funding for the Student Health & Counseling Center.

Provide unplanned pregnancy prevention education

Student Health & Counseling Center provided Pregnancy Prevention during 2017-18 freshman orientation and will it provide again for 2018-19.

*Integrate medically accurate content

Student Health & Counseling Center screens all student patients for sexual health, alcohol/drug use and depression and will continue to do so. The Health Center receives condoms from the local Department of Health and has them available for the student body in the Health Center lobby. Included with the condoms are medically accurate directions for proper and safe use. The Health Center APRN previously work for the department of health and uses her skills and knowledge in women's health issues to talk to students about the various methods of contraception. She has assembled an extensive number of models, posters, pamphlets and samples of the various methods of birth control along with their effectiveness. In the event a student loses their access to prescribed birth control, she will assist them with preventive care until services can be obtained.

A Priority Oral Contraception Policy has been implemented by the APRN. Many students, who are consulted regarding birth control and referred to the local health department for an exam and birth control, are unable to get an immediate appointment. Priority Oral Contraception will be prescribed for Henderson State University students who meet the U.S. Medical Eligibility Criteria and are determined to not be pregnant. A consent form derived from UAMS/ADH guidelines will be obtained and kept on file. A maximum of two cycles will be prescribed along with patient education regarding starting and continuing oral contraception. Case management will be provided in assisting the patient with accessing a provider to complete the women's health visit within a timely manner.

*Educational programming to raise awareness

The Student Health & Counseling Center staff are a valuable resource for the campus community. Program requests from various organizations across campus have utilized Health staff for various programs including Residence Life, Greek Life, Athletics, and Health Education. Programs provided for academic year 2017-18 include:
We have been working with Thelma Moten and the local Pregnancy Resource Center to bring Sexual Risk Avoidance Programs to the campus. They have assisted with two programs in the residence halls and we will be looking into receiving Sexual Risk Avoidance Specialist (SRAS). We are also looking into programs that could be offered to groups on campus including “Choosing the Best Soul Mate”, “Choosing the Best Journey”. If programs are provided, we will partner with OBU, who although they are not required to follow Act 943, they would like to allow OBU students to participate in HSU programs.

*Opportunities to educate*

Mentor programs to reach out as role models – Residence Life, Athletics, Trio, ROTC, etc. Lesson plans are provided online. Resident Assistants provide programming each month. Health & Counseling Center provides materials and support for RA(s) to provide peer presentation and education.

Educational Programming at Health Center and across campus:

Sexual Health Trivia

Sexual Health Jeopardy

“Birth Control that Really Works” - Bedsider DVD – Provided by Pregnancy Resource Center – plays on health center TV monitor

Contraception Posters – displayed in health exam rooms

Contraceptive Resource Room – Displays models and birth control devices

Condoms provided in waiting room

Henderson Seminar – Wellness Jeopardy – Alcohol/drug abuse, Sexual Health/Pregnancy Prevention

Sex in an Envelope – Pregnancy Prevention – Greeks

Conditional Student Workshop – Sexual Health/Pregnancy Prevention
Integration of information about the prevention of unplanned pregnancy into academic courses if and when appropriate

Faculty Participation

Henderson Seminar

Rise Program

APRN Contraception Table on Garrison Street

Genetics and Cell Biology – Spermatogenesis, Oogenesis, Fertilization

Introduction to Biology – Spermatogenesis, Oogenesis, Fertilization

Spanish – Student presentations on birth control methods in English and Spanish, coordinated information with HSU Health Center

Advanced Composition – Student papers and presentations on pregnancy, comprehensive sex education in K-12, Arkansas pregnancy rates – importance of education

Applied Psychology – Birth control methods, success rates

Introduction to Human Services – Pregnancy Prevention, HSU Health & Counseling Resources and local resources

Problems of Adolescence

Oral Communications

Infancy and Childhood

Social Justice – Department of English, Foreign Language and Philosophy

Childhood Development – Family & Consumer Science

HPER Education Internship

Adolescents – Teen Pregnancy - Healthy People – Nursing

Consumer Science Curriculum
Seek private or Federal Grants

The Student Health & Counseling Center received a $5,000 grant from Blue and You this year to address cholesterol and hyper/hypoglycemia screenings. We will attempt to obtain the grant 2018-19 to address pregnancy prevention and sexually transmitted disease education.

*Collaborate with Department of Health

Student Health & Counseling Center will coordinate reproductive health care, continue to provide condoms (provided by ADH) educate students in health center about pregnancy prevention, continue pregnancy testing, and provide information and pamphlets on sexually transmitted diseases and abstinence as directed by Act 943. The local Department of Health provides condoms for distribution to students. They are used as a referral source for exams and contraceptive healthcare.

*Develop Plans to address child care, transportation, financial aid and other challenges for student success and completion specific to existing single parents

We will attempt to establish a student committee during the 2018-19 academic year to explore and address these issue for the area.

Identification of opportunities to raise awareness and provide resources about the prevention of unplanned pregnancies across the student population (Posting information, Posters, Pamphlets, Palm Cards)

Posters have been posted in Garrison Student Center, Residence Halls, Student Health & Counseling Center, residence halls, Dunn Recreation Center and Athletics.

Collaboration with community Health centers and or federally qualified health centers to promote access to care

Student Health & Counseling Center coordinates care for students by utilizing the services of Clark County Health Unit. A complete list of resources is distributed to students at orientation, in Henderson Seminar and during healthcare visits. This includes Family Planning Services, Health Care Infant Care, Breastfeeding, Pregnancy Options, Prenatal Care, etc. (See attached)
Arkansas Department of Health

Arkansas Department of Health

Other Social Services

For Health Care and Referral Resources

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Arkansas Department of Health

Arkansas Department of Health

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Clarks County Health Unit

870-246-4471

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Arkansas Department of Health

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