



Evidence-Based Prescription Drug Program Guide – Effective January 1, 2016

Effective January 1, 2016, Municipal Health Benefit Fund will expand its integration of an evidence-based prescription drug program with the prescription drug benefit. Changes to the prescription plan are based on recommendations and assistance from RxResults, LLC.

- Reference Pricing** – The plan uses this initiative when there are one or more similarly effective and lower cost drugs in a drug category. When these occur, the benefit plan will only pay the amount it would pay for the lower-cost drugs and patients will pay the difference in cost between the higher-cost drug and the lower-cost alternatives in the form of a higher co-payment. Many times, patients have an opportunity to reduce their co-payment expenses by switching to an alternative drug product.

For questions, please call RxResults Member Services toll free at 1-844-853-9400 between 7 a.m. and 7 p.m. Central Standard Time.

REFERENCE PRICING

Generic drugs italicized

<i>If you are taking any of these drugs with high patient co-payments:</i>	<i>Ask your physician if you can switch to these drug alternatives with lower patient co-payments:</i>
Antibiotics (alternatives in right column correlate to same line in left column)	
Acticlate, Adoxa, Doryx, <i>doxycycline hyclate DR</i> , Monodox, Oracea, Oraxyl, Periostat, Targadox Dynacin, Minocin, Minocin Kit, <i>minocycline ER</i> , Solodyn <i>lansoprazole/amoxicillin/clarithromycin</i> , Moxatag, PrevPac	<i>immediate release doxycycline</i> <i>minocycline</i> <i>amoxicillin</i>
Anticonvulsants – Gabapentin	
Gralise, Lyrica, Neurontin	<i>gabapentin</i>
Antidepressants	
Cymbalta, generic <i>desvenlafaxine</i> , generic <i>duloxetine</i> , Effexor XR, Irenka, Khedezla ER, Pristiq	<i>generic venlafaxine</i>
Antihistamines – Non-Sedating	
Clarinet, Clarinet-D, Xyzal	OTC Claritin®, OTC Zyrtec®, OTC Allegra®, cetirizine, loratadine
Antihypertensives (High Blood Pressure Drugs)	
<i>amlodipine/valsartan/HCTZ</i> , Amturnide, Atacand/HCT, Avalide, Avapro, Azor, Benicar/HCT, Cozaar, Diovan, Diovan HCT, Edarbi, Edarbyclor, Exforge/HCT, Hyzaar, Micardis/HCT, Tekamlo, Tekturna/HCT, <i>telmisartan/HCT</i> , Teveten/HCT, Tribenzor, Twynsta, Valturna	Generic ACE Inhibitors: <i>benazepril/HCT, captopril/HCT, enalapril/HCT, fosinopril/HCT, lisinopril/HCT, moexepiril/HCT, perindopril, ramipril, quinapril/HCT, trandolapril</i> Generic ARB Agents: <i>losartan/HCTZ, irbesartan, eprosartan, valsartan HCTZ</i>
Cholesterol Reducers – Fibrin Acid Derivatives	
Antara, brand fenofibric acid, <i>fenofibrate (43, 130, 135, 145 & 150 mg only)</i> , Fenoglide, Fibricor, Lipofen, Lofibra, Lopid, Tricor, Triglide, Trilipix	<i>fenofibrate (strengths other than 43mg, 130mg, 135mg, 145mg & 150 mg are less expensive)</i>
Cholesterol Reducers - Statins	
Advicor, Altoprev, <i>amlodipine/atorvastatin combination</i> , Caduet, Crestor (except 40mg strength), Lescol, Lescol XL, Lipitor, Livalo, Mevacor, Pravachol, Simcor, Vytorin, Zocor	Preferred generics: <i>lovastatin, pravastatin, simvastatin.</i> Other generic alternatives: <i>atorvastatin, fluvastatin.</i>
Gastric Acid Reducers/Anti-Ulcer Drugs – Proton Pump Inhibitors	
Aciphex, Dexilant, Duexis, <i>esomeprazole, lansoprazole</i> , Nexium, <i>omeprazole/sodium bicarbonate</i> , Prevacid (prescription strength only), Prilosec (prescription strength only), Protonix, <i>rabeprazole</i> , Vimovo, and Zegerid capsules (prescription strength only)	<i>omeprazole, pantoprazole (including generic over-the-counter products), Prilosec OTC®, Prevacid®24HR (OTC), Zegerid OTC®, or Nexium® 24HR</i>

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<i>If you are taking any of these drugs with high patient co-payments:</i>	<i>Ask your physician if you can switch to these drug alternatives with lower patient co-payments:</i>
Migraine Agents – Triptans	
Almotriptan, Amerge, Axert, Frova, Imitrex (brand only), Maxalt, Relpax, Sumavel, Treximet, <i>zolmitriptan</i> , Zomig, Zomig ZMT	<i>sumatriptan, naratriptan (for Amerge), rizatriptan (for Maxalt)</i>
Muscle Relaxants	
Amrix, branded Carisoprodol, Fexmid, Flexeril, Lorzone, <i>metaxalone</i> , Norflex, Orphen CPD, orphenadrine inj, Parafon, Robaxin, Skelaxin, Soma, Zanaflex	<i>carisoprodol, chlorzoxasone, cyclobenzaprine, methocarbamol, and tizanidine</i>
Osteoporosis Agents - Bisphosphonates	
Actonel, branded Alendronate, Atelvia, Binosto, Boniva, Fosamax, Fosamax-D, <i>ibandronate, risedronate</i>	<i>alendronate</i>
Overactive Bladder – Urinary Antispasmodics	
Detrol/LA, Ditropan XL, Enablex, Gelnique, Myrbetriq, <i>oxybutynin ER</i> , Oxytrol, Sanctura/XL, <i>tolterodine/ER</i> , Toviaz, <i>trospium CL, trospium CL ER</i> , Vesicare	<i>immediate release oxybutynin</i>
Pain Killers / Analgesics (alternatives in right column correlate to same line in left column)	
Daypro, Mefenamic Acid Cap, Ponstel, Voltaren-XR, Zipsor Celebrex, <i>celecoxib</i> , Naprelan Lanzanda Spray, Subsys Spray ConZip, Rybix, <i>tramadol ER</i> , Ultracet, Ultram (brand only), Ultram ER	<i>immediate release diclofenac</i> <i>generic NSAIDs for Celebrex, generic naproxen for Naprelan</i> <i>generic fentanyl</i> <i>immediate release tramadol</i>
Sleep Aids – Sedatives/Hypnotics	
Ambien (brand only), Ambien CR, Belsomra, Edluar, <i>eszopiclone</i> , Intermezzo, Lunesta, Rozerem, Silenor, Sonata (brand only), <i>zolpidem ER</i> , Zolpimist	<i>zaleplon, immediate release zolpidem</i>