

Contact Hours

Who Should Attend?

This program is designed for persons living with a spinal cord injury or disability, as well as nurses, social workers, case managers, physical therapists, occupational therapists, speech-language pathologists, and recreational therapists. All interested healthcare providers are welcome to attend.

This conference is jointly provided by the Arkansas Spinal Cord Commission and Baptist Health.

Nursing: Five (5) contact hours will be awarded to participants who attend the entire conference and complete an evaluation. BAPTIST HEALTH is an approved provider of continuing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Case Management: Five (5) continuing education credits/contact hours are pending approval through the Commission for Case Management Certification.

Physical Therapy: This conference qualifies for Five (5) hours of continuing education as required by the Arkansas State Board of Physical Therapy.

Rehab Counseling: Five (5) continuing education credits/contact hours are pending approval through the Commission on Rehabilitation Counselor Certification.

Social Work: This conference qualifies for Five (5) hours of continuing education as required by the Arkansas Social Work Licensing Board.

This conference qualifies for Five (5) hours of continuing education as required by many state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

Conference Program

The Arkansas Spinal Cord Commission and Baptist Health are joint providers of the Arkansas Spinal Cord Injury / Disability Conference. This event will be held Friday, September 7, 2018, at the U of A Pulaski Technical College-North Little Rock Campus Center Building Grand Hall.

This year's conference features informative presentations by regional, national, and Model System experts.

Learning Outcome: Learners will obtain current information regarding best practice approaches along the continuum of care for those in the spinal cord injury/disability population.

There will be exhibits featuring local, regional, and national vendors.

The Arkansas Spinal Cord Commission is pleased to offer this program to help fulfill its goal to disseminate and promote best practice information and support its adoption. This is accomplished by bringing together clients, acute care providers, rehabilitation professionals, and other partners in the system of care for Arkansans with spinal cord injuries or disabilities.

Conflict of Interest Statement

The nurse planner, planning committee, and speakers have declared that they **do not** have a conflict of interest, which will not impact the information in this session.

Conference Site and Lodging

The conference will be held at the **Campus Center Grand Hall** on the North Little Rock campus of UA Pulaski Technical College, located at 3000 West Scenic Drive.

Attendees are responsible for arranging their own accommodations.

Arkansas Spinal Cord Injury and Disability Conference

Friday, September 7, 2018

U of A Pulaski Technical College-NLR



Provided by:



Shepherd
Center



Registration

Registration fee is \$60 for Healthcare Professionals and \$20 for students. Participants may register online by going to:

<http://www.ar.gov/scid-conference>

Evaluation

All attendees must attend the entire conference and complete an evaluation to receive continuing education credit or contact hours.

Conference Agenda Friday, September 7, 2018

8:00 a.m. to 8:45 a.m.

Registration, Sign-In, and Continental Breakfast (provided)

8:45 a.m. to 9:00 a.m.

Welcome, Announcements, Information, and Updates

9:00 a.m. to 10:00 a.m.

PM&R APPROACH TO MEN (MYOPATHY, ENCEPHALOPATHY, NEUROPATHY): "NO SCANDALS REQUIRED!" PART 2: SEPSIS SEQUELA, SIRS (SYSTEMIC INFLAMMATORY RESPONSE SYNDROME), AND WHY THE SCI POPULATION IS SUSCEPTIBLE. This session will reiterate the history of sepsis, the mechanisms behind its complications or manifestations, especially in the vulnerable SCI/D population, and offer a rehabilitation approach to treatment.

Mark Wren, MD, MPH, is the Medical Director at Healthsouth Rehabilitation Hospital of Texarkana and serves as the President of the Texas Society of PM&R Physicians.

Learning Objectives: ♦ Describe the history and mechanisms of sepsis and septic shock and why it is common in the SCI/D population. ♦ Identify the presentation of the critical illnesses myopathy, encephalopathy, and neuropathy. ♦ Explain the rehabilitation approach to these and other sepsis sequela.

10:00 a.m. to 10:30 a.m.

Break and Exhibitors

10:30 a.m. to 11:30 a.m.

INTRODUCTION TO RECREATION THERAPY: PROMOTING HEALTH AND WELLNESS. This session will discuss the need for recreation therapy within the SCI population, with the focus being placed on the importance of specific programming for SCI clients. How therapeutic recreation can play a major role within the interdisciplinary team and impact the overall rehabilitation progress and quality of life.

LaShannon Foster-Ali, CTRS, is a member of the adult and adolescent teams in the post acute department and was also the lead internship coordinator for the Shepherd Center in Atlanta, Ga.

Learning Objectives: ♦ Identify the need for a recreation therapy program within the healthcare setting. ♦ Explain the need to integrate all therapists, case managers, trauma coordinators, social workers, and nursing staff in order to maximize functional and psychological outcomes in this population. ♦ Identify strategies to assist the transition of patients and caregivers to home, school, and community.

11:30 a.m. to 12:30 p.m.

Lunch (provided) and Exhibitors

12:30 p.m. to 1:30 p.m.

LEGAL AND MEDICINAL CONSIDERATIONS FOR MEDICAL MARIJUANA. This presentation will summarize the governance structure of the Arkansas Medical Marijuana Program, describe the qualifying conditions for obtaining a medical marijuana registration card, and detail the physician certification process.

Robert Brech is General Counsel for the Arkansas Department of Health.

Learning Objectives: ♦ Describe how different types of marijuana products may impact a patient. ♦ Summarize the available evidence using marijuana for therapeutic purposes. ♦ List at least three specific safety concerns for the use of medical marijuana.

1:30 p.m. to 2:30 p.m.

SPINAL CORD INJURY (SCI): PITFALLS PER PATIENT AND PRIMARY CARE PHYSICIAN PERSPECTIVES, PART 2.

Physician and patient co-presenter will explain the pitfalls and describe the M.E.S.S.Y. (Mobility/Medical Complications, Emotions, Skin, Sex, You Can Handle) mnemonic for bladder/bowel management.

Mark Wren, MD, MPH, is the Medical Director at Healthsouth Rehabilitation Hospital of Texarkana and serves as the President of the Texas Society of PM&R Physicians.

Learning Objectives: ♦ Explain the key pitfalls of bowel/bladder management from physician and patient perspectives. ♦ List six key areas in chronic SCI management. ♦ Describe common medical complications.

2:30 p.m. to 3:00 p.m.

Break and Exhibitors

3:00 p.m. to 4:00 p.m.

A MEDIC'S JOURNEY FROM PROVIDER TO PATIENT. The speaker will share his journey prior to injury, at the time of injury, and post injury rehabilitation from the perspective of an Emergency Paramedic. He will describe what worked, what did not work, and what can be made to work, explaining the "good, the bad, and the ugly" of a SCI. He will discuss what he does to stay focused and productive in society.

Brent Ford, NRP, is the EMS Director for the Siloam Springs Fire Department, and a National Registered Firefighter/Paramedic Instructor.

Learning Objectives: ♦ Explain how one can define one's limitations in order to be a productive member of family and society after injury. ♦ State the benefits of help and encouragement from family and friends to a patient's rehabilitation treatment. ♦ Describe how patients can utilize what they have learned during rehabilitation once they return to the home setting.

4:00 p.m. to 4:15 p.m.

Complete and Submit Evaluations

4:15 p.m.

Conference Adjourns